Finley Stephenson

Registered Dietitian

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SUMMARY

Registered dietitian with 5 years of experience in inpatient medical nutrition therapy and outpatient diabetes counseling. Manages a caseload of 40 inpatients a month using the Nutrition Care Process, and runs a diabetes education series that lowered average A1C by 1.2 points across 60 participants. Comfortable presenting nutrition findings to physicians and care teams.

EXPERIENCE

Clinical Dietitian — Sapulpa Regional Medical Center

Tulsa, OK · Aug 2022 – Present

- Complete nutrition assessments and MNT plans for 40 inpatients a month across medical, surgical and ICU units, using the Nutrition Care Process and Subjective Global Assessment.
- Manage tube feeding and TPN orders for 15 patients a month, adjusting formulas with the pharmacy team to correct 90% of electrolyte imbalances within 48 hours.
- Lead a weekly diabetes self-management class for 60 patients a year, which lowered average A1C by 1.2 points at the 3-month follow-up.
- Trained 20 nursing staff on malnutrition screening using the MUST tool, raising same-day dietitian referrals from 55% to 85%.

Outpatient Dietitian — Green Country Family Health Clinic

Tulsa, OK · Jun 2020 – Jul 2022

- Counseled 25 patients a week on weight management, renal diets and gestational diabetes, with 70% of weight-management patients meeting their 6-month goal.
- Built meal plans for 80 Medicaid patients with food access barriers, pairing plans with a local food-bank referral list.
- Documented visit notes in Epic and submitted 300+ claims a year with correct nutrition CPT and diagnosis codes, cutting denials by 18%.

SKILLS

Clinical: Nutrition Care Process, enteral and parenteral nutrition, malnutrition screening (MUST, SGA), diabetes education

Documentation: Epic, CPT and ICD-10 nutrition coding, care plan charting

Counseling: Motivational interviewing, carb counting, renal and cardiac diets, weight management

Other: Food service oversight, staff training, group class facilitation

CERTIFICATIONS

Registered Dietitian Nutritionist (RDN), 2019

Certified Diabetes Care and Education Specialist (CDCES), 2023

EDUCATION

B.S. Dietetics, Oklahoma State University, 2018

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