Tamsin Okereke

Emergency Medical Technician (NREMT, State EMT-B)

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SUMMARY

EMT-Basic with 5 years on a high-volume 911 and interfacility ambulance service, running 10-14 calls per 12-hour shift. Completes patient care reports before the end of each shift with a 96% protocol compliance score on QA audits, and has driven 60,000+ emergency and non-emergency miles with no preventable collisions. NREMT, BLS and EVOC certified.

EXPERIENCE

Emergency Medical Technician — Scioto Valley Ambulance

Columbus, OH · May 2021 – Present

- Run 10-14 911 and interfacility calls per 12-hour shift with a paramedic partner, about 2,600 patient contacts a year.
- Scored 96% on quarterly patient care report audits over 2 years, the highest on my shift, by finishing narratives and vitals before returning to service.
- Drove 60,000+ emergency and routine miles with no preventable collisions, and completed annual EVOC refreshers each year.
- Assisted with 30+ cardiac arrests, managing compressions, BVM ventilation and AED use, including 4 patients with return of spontaneous circulation before hospital arrival.
- Trained 6 new EMTs during field orientation on stretcher handling, radio reports and the county's stroke and STEMI protocols.

EMT / Event Medical Staff — Buckeye Event Medical

Columbus, OH · Jun 2019 – Apr 2021

- Staffed first aid posts at 40+ concerts, races and football games, treating about 15-25 patients per event.
- Triaged and handed off 9 heat illness patients in one marathon day, getting each to the transport unit within 10 minutes of first contact.
- Restocked and checked 3 first aid tents before every event, with no missing critical supplies on audits for 2 seasons.

SKILLS

Patient care: Primary and secondary assessment, vital signs, splinting, bleeding control, oxygen therapy, BVM ventilation, AED, glucose checks

Protocols: Stroke and STEMI recognition, trauma triage, START triage, spinal motion restriction, naloxone

Operations: Ambulance driving, EVOC, radio reports, stretcher and stair chair use, ePCR charting

Safety: Scene safety, infection control, lifting technique, hazmat awareness

CERTIFICATIONS

NREMT EMT, current through 2026

Ohio EMT-Basic, current

BLS for Healthcare Providers (AHA), 2025

EVOC, 2024

EDUCATION

EMT-Basic Certificate, Columbus State Community College, 2019

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