Ottavia Kingsolver

Health Educator, CHES

Milwaukee, WI · ottavia.kingsolver@example.com · (414) 555-0186 · LinkedIn

CERTIFICATIONS

Certified Health Education Specialist (CHES), NCHEC, 2021

CDC-recognized National DPP Lifestyle Coach, 2022

Mental Health First Aid Instructor, 2024

SUMMARY

CHES-certified health educator with 5 years in public health and community clinic settings, designing and delivering programs on diabetes prevention, tobacco cessation and sexual health. Reach about 1,200 residents a year through workshops, schools and outreach events, and run pre- and post-test evaluation on every program. Bilingual in English and Spanish, with strong partnerships across schools, faith groups and employers.

EXPERIENCE

Health Educator — Milwaukee County Health Department

Milwaukee, WI · Feb 2022 – Present

- Lead a year-long diabetes prevention program for 4 cohorts a year of about 15 adults each, with 68% of completers reaching their weight-loss goal in 2025.
- Deliver about 60 workshops a year on nutrition, tobacco and sexual health across 9 schools, 5 churches and 3 employers, reaching about 1,200 residents.
- Built pre- and post-tests for 6 core programs, giving the department its first comparable knowledge-change data across topics.
- Co-wrote a state tobacco prevention grant that brought in $85,000 over 2 years for youth vaping education.
- Trained 22 community health workers on motivational interviewing and program delivery over 3 sessions.

Community Health Educator — Sixteenth Street Family Clinic

Milwaukee, WI · Jun 2020 – Jan 2022

- Provided one-on-one education for about 25 patients a week with diabetes or hypertension, in English and Spanish.
- Started a monthly group class for newly diagnosed diabetes patients, growing attendance from 6 to 21 within 9 months.
- Translated and simplified 14 patient handouts to a sixth-grade reading level with the clinic's nurse educator.

SKILLS

Program Work: Needs assessment, program planning, curriculum design, logic models, evaluation

Health Topics: Diabetes prevention, tobacco and vaping, nutrition, sexual health, mental health first aid

Delivery: Group facilitation, motivational interviewing, plain-language materials, bilingual English and Spanish

Tools: REDCap, Qualtrics, Excel, Canva, Zoom, Epic patient education

EDUCATION

Bachelor of Science, Community Health Education, University of Wisconsin–La Crosse, 2020

Fictional example by FindAJobAI: the person, employers and numbers are invented.