Kalani Whitcombe

Head Lifeguard, Pool and Waterfront Safety

Sacramento, CA · kalani.whitcombe@example.com · (916) 555-0193 · LinkedIn · Certification record

CERTIFICATIONS

Lifeguarding with CPR/AED and First Aid, renewed 2025

Lifeguard Instructor, 2024

Water Safety Instructor, 2023

SUMMARY

Certified head lifeguard with 5 seasons at a municipal pool serving up to 600 swimmers a day and 2 years at a year-round fitness center pool. Performed 14 assisted rescues with no serious injuries and passed every in-service audit on the first try. Leads rotations for a crew of 11 guards, runs weekly drills and teaches beginner swim lessons. Calm, alert and on time.

EXPERIENCE

Head Lifeguard — Riverbend Community Aquatic Center

Sacramento, CA · May 2022 – Present

- Supervise a crew of 11 lifeguards across 6 stands at a pool with a daily bather load of up to 600 swimmers.
- Performed 14 assisted rescues and 2 spinal injury responses with backboard, all handed to EMS without complications.
- Run 30-minute in-service drills every week, lifting the crew's average audit score from 82% to 96% in 2 seasons.
- Built a 20-minute rotation schedule with breaks every 60 minutes that cut late-shift scanning lapses flagged in audits from 5 to 0.
- Log water chemistry 4 times a day and closed the pool promptly on 3 occasions when chlorine dropped below the safe range.

Lifeguard and Swim Instructor — Northgate Fitness Club

Sacramento, CA · Sep 2020 – Apr 2022

- Guarded a 25-yard lap pool and warm-water therapy pool for about 180 members a day.
- Taught about 90 children and adults a year in beginner and stroke-correction lessons, with 70% re-enrolling.
- Handled 6 first aid cases a month on average, from cuts to a fainting member, and wrote every incident report on shift.

SKILLS

Rescue Skills: Active and passive victim rescues, spinal injury management, backboarding, rescue tube use

Emergency Care: CPR/AED for adults and children, first aid, oxygen administration, bleeding control

Facility Safety: Zone scanning, rotation planning, water chemistry logs, rule enforcement, emergency action plans

Instruction: Learn-to-swim lessons, stroke correction, in-service drill planning, new guard mentoring

EDUCATION

Associate of Arts, Kinesiology, American River Valley College, 2023

Fictional example by FindAJobAI: the person, employers and numbers are invented.