Solange Whitacre-Ndiaye

Licensed Massage Therapist

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SUMMARY

Licensed massage therapist with 5 years in spa and sports clinic settings, giving about 25 sessions a week in Swedish, deep tissue, myofascial release and sports massage. Holds a 68% client rebooking rate, built a waitlist of 40 regular clients and works alongside physical therapists on injury recovery plans.

EXPERIENCE

Licensed Massage Therapist — Willamette Sports and Spine Clinic

Portland, OR · Feb 2023 – Present

- Give about 25 sessions a week in sports, deep tissue and myofascial release, mostly for runners and cyclists.
- Keep a 68% rebooking rate, the highest of 5 therapists, and a waitlist of about 40 regular clients.
- Coordinate with 3 physical therapists on treatment plans for about 15 post-injury clients a month, writing SOAP notes after each session.
- Ran 6 free stretching workshops at local running clubs, bringing in 45 new clients in 2025.

Massage Therapist — Pearl District Day Spa

Portland, OR · May 2021 – Jan 2023

- Gave 28 to 30 Swedish, hot stone and prenatal sessions a week in a 9-room spa.
- Sold about $1,200 a month in add-ons and retail through product suggestions linked to each client's goals.
- Maintained a 4.9 out of 5 average across 260 online client reviews.

SKILLS

Modalities: Swedish, deep tissue, sports, myofascial release, trigger point, prenatal, hot stone

Clinical work: Intake assessments, SOAP notes, posture and range of motion checks, PT coordination

Client care: Rebooking, home stretching advice, draping and consent, accessible table adjustments

Tools: Mindbody, Jane App, Square, Google Workspace

CERTIFICATIONS

Licensed Massage Therapist, Oregon

Board Certified in Therapeutic Massage and Bodywork (NCBTMB)

CPR and First Aid

EDUCATION

Massage Therapy Diploma (750 hours), Cascade School of Bodywork, 2021

Fictional example by FindAJobAI: the person, employers and numbers are invented.