Philippa Okonedo-Strand

Nurse Manager, Medical-Surgical

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SUMMARY

RN and nurse manager with 4 years leading a 32-bed med-surg unit of 58 staff, after 9 years as a staff and charge nurse. Cut first-year RN turnover by more than half and kept falls at 1 to 2 a quarter. Owns a $6.8M labor budget and prepares the unit for Joint Commission surveys.

EXPERIENCE

Nurse Manager, Medical-Surgical — Ravensholt Memorial Hospital

Columbus, OH · Mar 2022 – Present

- Lead a 32-bed med-surg unit with 58 RNs, LPNs and aides, an assistant manager and 6 charge nurses across 24-hour coverage.
- Cut first-year RN turnover from 38% to 16% in 18 months through stay interviews, self-scheduling and a 12-week new-graduate orientation.
- Reduced patient falls from 6 a quarter to 1 to 2 by building scheduled toileting rounds into aide assignments and auditing them weekly.
- Manage a $6.8M annual labor budget, bringing overtime down 22% by moving the final medication pass earlier and filling 9 vacancies.
- Prepared the unit for 2 Joint Commission surveys with no findings on medication storage, restraints or staff competencies.

Charge Nurse, Medical-Surgical — Ravensholt Memorial Hospital

Columbus, OH · Jun 2017 – Feb 2022

- Ran shift assignments for up to 30 patients and 9 staff, balancing acuity and admissions from the emergency department.
- Led the unit's bedside shift report pilot on 1 hallway, then trained 40 nurses when it rolled out unit-wide.
- Precepted 14 new graduate nurses, 12 of whom remained on the unit past their first year.

Staff Nurse, Medical-Surgical — Copperfield General Hospital

Dublin, OH · Jul 2013 – May 2017

- Cared for 5 to 6 adult patients per shift on a 28-bed unit, including post-surgical and complex medical cases.
- Served on the unit's 6-member falls committee that introduced bed alarms for high-risk patients.

SKILLS

Leadership: Hiring and coaching, performance management, charge nurse development, just culture

Operations: Staffing grids, hours per patient day, labor budgets, scheduling software

Quality: Falls prevention, CAUTI and CLABSI reduction, root cause analysis, survey readiness

Systems: Epic, Kronos, API Healthcare scheduling

CERTIFICATIONS

Registered Nurse, Ohio Board of Nursing, active

Certified Nurse Manager and Leader (CNML), 2023

BLS and ACLS, American Heart Association, 2025

EDUCATION

MSN, Nursing Leadership, Franklin Heights University, 2021

BSN, Ohio Lakeshore University, 2013

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