Marisol Thorvaldsen-Akande

Certified Occupational Therapy Assistant (COTA/L)

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SUMMARY

Certified occupational therapy assistant with 5 years in skilled nursing and inpatient rehab. Treats 11 to 13 patients a day under supervising OTs, with 97% of notes signed the same day, and helped run a morning self-care program that raised independent dressing at discharge. Patient and practical with older adults, stroke survivors and their families.

EXPERIENCE

Occupational Therapy Assistant — Ohio Bend Transitional Care

Louisville, KY · May 2023 – Present

- Treat 11 to 13 short-term rehab residents a day under 2 supervising OTs, focusing on dressing, bathing, toileting and safe transfers.
- Co-ran a 7 a.m. self-care program on the rehab unit, with residents dressing independently at discharge rising from 48% to 66% in 1 year.
- Issue and train about 25 pieces of adaptive equipment a month, such as reachers, tub benches and long-handled sponges.
- Finish 97% of daily notes in PointClickCare by end of shift, with no late-note findings in 4 quarterly audits.

Occupational Therapy Assistant — Bluegrass Meadow Rehabilitation Hospital

Frankfort, KY · Sep 2021 – Apr 2023

- Treated 6 to 8 inpatients a day after stroke, brain injury and joint replacement, in 3 hours of daily therapy across disciplines.
- Led a weekly kitchen safety group for 5 patients, preparing simple meals as practice before discharge home.
- Trained about 40 family caregivers in safe bathing and toilet transfers before their relatives went home.

SKILLS

Daily living treatment: ADL retraining, functional transfers, upper extremity strengthening, fine motor activities, energy conservation

Equipment: Adaptive equipment training, wheelchair positioning, splint care under OT direction, home safety items

Patient groups: Stroke, hip and knee replacement, dementia, brain injury, general deconditioning

Documentation: PointClickCare, Epic, Section GG function scoring, daily treatment notes

CERTIFICATIONS

NBCOT Certified Occupational Therapy Assistant (COTA)

Licensed Occupational Therapy Assistant, Kentucky and Indiana

Basic Life Support (AHA), current

EDUCATION

A.A.S. Occupational Therapy Assistant (ACOTE-accredited), Jefferson Community and Technical College, 2021

Fictional example by FindAJobAI: the person, employers and numbers are invented.