Marisol Quintanilla

Physical Therapist, DPT
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SUMMARY

Outpatient orthopedic physical therapist with 5 years treating post-surgical, sports and chronic pain patients. Manages a caseload of 14 patients a day and built a post-ACL protocol that cut average return-to-sport time by 3 weeks. Licensed PT in Florida; comfortable with manual therapy, dry needling and EMR documentation in WebPT.

EXPERIENCE

Physical Therapist — Bayshore Sports Medicine & Rehab

Tampa, FL · Jun 2022 – Present

- Manage a daily caseload of 14 outpatient orthopedic patients, including post-surgical ACL, rotator cuff and total joint replacement cases.
- Built a post-ACL reconstruction protocol with the clinic's 3 surgeons that cut average return-to-sport time from 9 to 6 months.
- Reduced average patient visits to discharge from 16 to 12 for low back pain cases by adding a standardized early-exercise pathway.
- Perform dry needling and manual therapy for 6-8 patients a day, documenting outcomes in WebPT within same-day turnaround.
- Mentor 2 PT students each clinical rotation, evaluating their manual skills and documentation against clinic standards.

Staff Physical Therapist — Hillcrest Regional Medical Center

Tampa, FL · Jul 2020 – May 2022

- Treated an average of 10 inpatients a day on the orthopedic and med-surg floors, prioritizing cases using a standardized mobility screen.
- Reduced average length of stay for total hip replacement patients by 1.2 days through earlier mobilization and clearer discharge criteria.
- Trained 15 nursing staff on safe patient-handling techniques, contributing to a 20% drop in reported patient-handling injuries.

SKILLS

Clinical: Manual therapy, dry needling, therapeutic exercise prescription, gait training, post-surgical rehab

Populations: Orthopedic, sports medicine, total joint replacement, chronic pain

Documentation: WebPT, EPIC, Medicare functional limitation reporting

Assessment: Outcome measures (LEFS, DASH, Oswestry), movement screening

CERTIFICATIONS

Licensed Physical Therapist, Florida, 2020

Certified in Dry Needling (CDN), 2021

EDUCATION

Doctor of Physical Therapy (DPT), University of South Florida, 2020

B.S. Exercise Science, University of Florida, 2017

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