Cordelia Achterhof-Nwankwo

Board-Certified Adult Psychiatrist, MD

Portland, OR · cordelia.achterhofnwankwo@example.com · (503) 555-0192 · LinkedIn · Doximity profile

SUMMARY

Board-certified adult psychiatrist with 6 years of practice after residency across inpatient and community outpatient care. Manages an outpatient panel of 620 patients, covers a 22-bed acute unit 2 weeks a month and leads the clinic's clozapine and long-acting injectable programs.

EXPERIENCE

Staff Psychiatrist — Fremont Bridge Behavioral Health Center

Portland, OR · Aug 2022 – Present

- Manage an outpatient panel of 620 adults with serious mental illness, seeing about 70 follow-up visits a week in person and by video.
- Attend on a 22-bed acute inpatient unit 2 weeks a month, keeping average length of stay near 8 days.
- Lead a clozapine program for 48 patients, with 100% of monitoring labs tracked through the national REMS process.
- Grew long-acting injectable use from 60 to 135 patients, alongside a 30% drop in readmissions within 90 days for that group.
- Supervise 4 psychiatry residents a year in clinic and teach 10 didactic sessions on psychopharmacology.

Psychiatrist — Mount Tabor Community Mental Health

Portland, OR · Jul 2020 – Jul 2022

- Saw 18 to 22 patients a day in a community clinic, two thirds covered by Medicaid.
- Started a buprenorphine clinic within the practice, treating 55 patients with opioid use disorder in its first year.
- Cut new-patient wait times from 9 weeks to 4 by adding 2 group intake slots a week with the nursing team.

SKILLS

Clinical: Diagnostic evaluation, psychopharmacology, clozapine management, long-acting injectables, crisis assessment

Settings: Acute inpatient, community outpatient, telepsychiatry, collaborative care

Addiction: Buprenorphine, naltrexone, motivational interviewing

Systems: Epic, PDMP review, prior authorizations, quality metrics

CERTIFICATIONS

Board Certified, American Board of Psychiatry and Neurology, 2021

Oregon Medical License, active

DEA registration, active

EDUCATION

Residency, Psychiatry, Cascade University Hospital, 2020

MD, Pacific Northwest School of Medicine, 2016

Fictional example by FindAJobAI: the person, employers and numbers are invented.