Quentin Abaroa

Surgical Technologist
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SUMMARY

Certified surgical technologist with 5 years of experience in trauma and orthopedic surgery, supporting an average of 14 cases a week in general, orthopedic and emergency procedures. Maintained a zero-break sterile field record across 3 years and trusted by 4 surgeons as first-choice scrub tech for complex trauma cases.

EXPERIENCE

Surgical Technologist — Harborview Trauma Center

Tampa, FL · Mar 2022 – Present

- Scrub in on an average of 14 cases a week across general surgery, orthopedics and emergency trauma, maintaining a zero-break sterile field record over 3 years.
- Set up and pass instruments for 60+ orthopedic trauma cases a year, including open reduction internal fixation, cutting average instrument-retrieval delays to under 10 seconds.
- Counted and accounted for surgical instruments and sponges on every case, catching 3 count discrepancies before closure over the past year.
- Serve as first-choice scrub tech for 4 trauma surgeons on complex multi-system cases due to speed and instrument recall under pressure.

Surgical Technologist — Palm Grove Orthopedic Surgery Center

Tampa, FL · Jul 2020 – Feb 2022

- Prepared sterile fields and instrument trays for 25 orthopedic procedures a week, including joint replacements and arthroscopies.
- Maintained and tracked inventory for 8 specialty instrument sets, reducing missing-instrument delays reported by surgeons from weekly to rare.
- Trained 3 new surgical techs on sterile technique and instrument sequencing for total knee and hip procedures.

SKILLS

Clinical: Sterile field setup, instrument passing, surgical counts, wound closure assistance

Procedures: General surgery, orthopedic trauma, arthroscopy, joint replacement, emergency trauma

Equipment: C-arm positioning, electrosurgical units, autoclave sterilization, laparoscopic towers

Documentation: EHR case documentation, instrument tracking logs, AORN standards compliance

CERTIFICATIONS

Certified Surgical Technologist (CST), NBSTSA, 2020

Basic Life Support (BLS), current

EDUCATION

A.A.S. Surgical Technology, Hillsborough Community College, 2020

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